



**Tobacco Free Partnership of  
Indian River County**  
[www.tfp-indianriver.org](http://www.tfp-indianriver.org)

**Partnership Meeting Minutes**

**Wednesday, June 4, 2014**

**3:30pm – 4:50pm**

**United Way Board Room, 1836 14th Avenue Vero Beach, FL 32960**



<b>Attendance</b>	<ul style="list-style-type: none"> <li>• Tobacco Prevention Speaker, Robert Herbst</li> <li>• Florida Department of Health, Tina Zayas</li> <li>• American Cancer Society, Theresa Woodson</li> <li>• Sebastian Resident Plan B Laughing Lady, Nancy Johnson</li> <li>• Economic Opportunities Council, Head Start, Sheila McCarthy</li> <li>• Oslo Middle School SWAT Advisor, Marie Blanchard</li> <li>• Quit Doc Tobacco Prevention Specialist, Leslie Spurlock</li> </ul>
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<b>Topic</b>	<b>Discussion</b>	<b>Action</b>
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<b>Agenda Items</b>	<ol style="list-style-type: none"> <li>1. Old Business             <ol style="list-style-type: none"> <li>a. Code of Student Conduct Handbook Update</li> <li>b. Meeting Schedule for 2014-15</li> <li>c. IRSC Capstone Project</li> <li>d. Life Skills Training Pilots</li> <li>e. SWAT End of Year Event</li> </ol> </li> <li>2. New Business             <ol style="list-style-type: none"> <li>a. Partnership Activity Guide</li> </ol> </li> <li>3. Open to the Floor             <ol style="list-style-type: none"> <li>a. Updates &amp; Networking</li> </ol> </li> </ol>	
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<b>Welcome</b>	<b>Introductions</b>	
<b>1. Old Business</b>	<p>New members Nancy (the Laughing Lady) Johnson and Bob Herbst were welcomed to the Tobacco Free Partnership. Nancy was thanked for volunteering to fill an Advisory Board position. She shares the gift and health benefits of laughter throughout Indian River County. Bob has recently stepped down from a six year stint as President of the International Association of Laryngectomees (IAL), although he is still involved in putting together the annual week long IAL Conference. He speaks to youth all over the U.S. including schools on the Treasure Coast. He is volunteering to speak with more youth in Indian River County this coming school year.</p> <p><b>a) Code of Student Conduct Handbook Update</b> We are pleased that the Code of Student Conduct Handbook was revised last year to include a whole paragraph on the purpose of having and the elements of a model tobacco policy. Although the School District modified their policy August 3, 2013 to include vaping, the Handbook had already gone to print. The first recommendation for revision this year includes vaping and electronic products using the same language passed by the School Board. The recommendation made at the last Partnership meeting was to revise the Student Code of Conduct to add: <u>and/or suspension from extra-curricular activities</u>. The recommendation was not approved by the District's Code of Conduct Review Committee.</p>	

Committee members objected and said the School Board would not approve it because the rules of the Florida High School Athletic Association take precedence for high school athletes. The handbook is for more than just high school athletes, so we can work on other recommendations for next year. An intervention for referral to the Tobacco Program for first and second tobacco offenses was added, but it has to be approved first by the Review Committee and then by the School Board. The Tobacco Program uses a Life Skills Training curriculum taught by Substance Awareness Center teachers.

**ADDITIONAL NOTE POST TFP MEETING: Florida High School Athletic Association Policy: 31.1 Use of Alcohol and Tobacco.** *The use of alcohol, tobacco or tobacco-like products by student-athletes, coaches and officials is prohibited during the contest and in the vicinity of the playing field or court. A coach or student-athlete in violation of this policy is guilty of unsportsmanlike conduct, will be ejected from the contest and will be suspended from subsequent contests for a period of up to six weeks in accordance with the FHSAA Policy on Unsportsmanlike Conduct. Additionally, the official must report any violation of this policy by either a student-athlete or coach to the FHSAA Office. Violation of this policy by a student-athlete or coach will subject the school to a monetary penalty. Violation of this policy by an official will subject the official to a monetary penalty of a minimum of \$100 or suspension or both.*

In Spring 2015 this language may be discussed as a recommendation from the TFP for the Student Code of Conduct Review.

**b) Meeting Schedule for 2014-14**

In this year's survey half the respondents plus one wanted to meet at noon and half wanted to keep the present time slot of 3:30. Student advisory members would not be able to attend the meetings if they are at noon. All members present agreed the meeting should stay at 3:30 for the new year. Leslie will make a room request from United Way.

**c) IRSC Capstone Project**

David Cyr, the Capstone student intern, created a Tobacco Prevention Power Point presentation for students. David presented it to 72 students. Twenty-four middle school and 48 high school students averaged 72% on the pre-test and 91% on the post test. That is a healthy increase in knowledge among recipients. Although David has graduated he is now seeking a degree in nursing, is working, and will still coach high school wrestling at Sebastian River High School. He has promised to use that as an opportunity to reach more students with his presentation in 2014-15.

**d) Life Skills Training Pilot**

Life Skills Training, an evidenced based program with 30 years of history is being taught in 7<sup>th</sup> and 8<sup>th</sup> grade at all 4 middle schools by teachers employed by Substance Awareness Center. This same Life Skills Training was used to pilot an after school diversion program for students with behavior or tobacco issues. It intensifies the program for small groups of students who meet two times a week for 10 weeks. This year four students at Storm Grove and 15 Sebastian River Middle School students completed the program. Additionally, 32 students who were referred for tobacco completed the program once a week for 10 weeks in the evening at the Substance Awareness Center. The program focuses on developing positive decision making skills and positive self-worth. Leslie will invite Christina DeFalco, the LST Coordinator, to speak at our next meeting in August.

	<p><b>e) SWAT End of Year Event</b>          Marie Blanchard reported the SWAT students enjoyed the SWAT Chapter event at Jaycee Park last month. Oslo Middle and Fellsmere Clubs were paired up for a team building scavenger hunt activity. They used the Tobacco Prevention Beach ball to test their knowledge of tobacco issues. Volunteers Franny Watford from Treasure Coast Community Health, Brady Ballard, VP of Historic Dodgertown, and SWAT Advisors Rasheedah Ahmad and Maria Lopez worked to make it a memorable event for the students. Pictures on the laptop were shared. Students from different clubs would like to meet more often. It was suggested that Stevie B's may have a room to hold a Chapter meeting this year.</p>	
<p><b>2. New Business</b></p>	<p><b>a) Partnership Activity Planning Session</b>          Partners reviewed and added to a monthly activity planner for fiscal year 2014-15 starting July 1. Partners added an event for the week prior to October 1st to convey the community's appreciation for CVS eliminating tobacco products from all of their stores. Leslie will develop an invitation for businesses to participate. There are six CVS stores in Indian River. The event would involve having a presence at each from community organizations, ACS, the Partnership and SWAT. We can try for a proclamation that calls attention to the elimination of tobacco at CVS. Other highlights of the plan include forming a Relay for Life Tobacco Free Partnership Team that includes SWAT who may be able to participate in opening events even if an overnight is not possible. We must begin to form teams in September. Marie &amp; Leslie will put an activity guide together for SWAT.</p> <p><b>Brief on Activities July-Dec 2014</b>          Jul Bylaws Review          Jul SWAT Regional Mtg          Aug – SWAT at Council Meetings          Aug 1-3 - Mall Back to School          Aug 6 - TFP meeting @ 3:30          August – Request permission for GASO events (Nov 20) at your work site          Aug 13 – SRO Training w Dr. Hummel @ 1:30          Sep – Adults meet with Rep Mayfield &amp; Senator Altman          Sep – Recruiting Relay for Life Team from Tobacco Free Partners; Walk for those who have been lost and those who have survived.          Sep – CVS event preparations          Oct 1 – TFP meeting @ 3:30          Oct 1 – CVS Event          Oct – Relay for Life Kick Off events          Oct – Partners receive brochures/posters for Great American Smoke Out work site event          Nov – Prep for Legislative Delegation meeting in early Dec          Nov – GASO Proclamation with County          Dec 3 – SWAT &amp; TFP combined meeting          Dec – promote at work sites New Year's Resolution to Conquer Tobacco in 2015</p>	
<p><b>Future Meetings</b></p>	<ul style="list-style-type: none"> <li>The Tobacco Free Partnership meets the first Wednesday, every even month at 3:30pm starting August 6, 2014.</li> </ul>	
<p><b>Adjournment</b></p>	<ul style="list-style-type: none"> <li>The meeting adjourned at 4:50pm</li> </ul>	<p>NA</p>